Fences:

Look at each of these images of a fence. Stand up for a moment. Push against any of these fences. What does it feel like to be inside or outside the fence in each instance? For what purpose do you think this fence was designed? Imagine yourself pressing up against the fence from the inside? Imagine yourself pressing up against the fence from the outside? What's the difference between the two experiences?

MAKE A FENCE AROUND YOUR WORDS (Pirke Avot)

Fence in Everyday Experience and Language

Enter not into the path of the wicked...Avoid it, pass not by it; turn from it and pass on (Prov:14-15). Rabbi Ashi said: The verse may be illustrated by the parable of a man who guards an orchard. If he guards it from without, the entire orchard is protected; but if he guards it from within, only the part in front of him is protected, while the part behind him is not protected"

Sefer Aggadah, Bialik and Ravnitsky

3

Rank these in order of which you think would be the most important example of positively creating a "fence" around a habit. 1 would be the most productive use of a fence and 6 the least productive. Explain why you ranked the examples the way you did.

1.	Completing an assignment two days before it is due
2.	Saying nothing rather than something bad
3.	Stop eating before you are full
4.	Exercise for 30 minutes a day even though doctor says 25 is enough
5.	Don't read the morning paper because you know it will give you indigestion
6	No dating someone who is "interesting" but has a had reputation

Enter not into the path of the wicked...Avoid it, pass not by it; turn from it and pass on (Prov:14-15). Rabbi Ashi said: The verse may be illustrated by the parable of a man who guards an orchard. If he guards it from without, the entire orchard is protected; but if he guards it from within, only the part in front of him is protected, while the part behind him is not protected"

Sefer Aggadah, Bialik and Ravnitsky

band's side, a man of substance, of the family of Elimelech, whose name was Boaz. 2 Now Naomi had a kinsman on her hus-

of grain, behind someone who may show me 3and off she went. She came and gleaned in a have it, it was the piece of land belonging to field, behind the reapers; and, as luck would kindness." "Yes, daughter, go," she replied: like to go to the fields and glean among the ears Boaz, who was of Elimelech's family. ²Ruth the Moabite said to Naomi, "I would

glean and gather among the sheaves behind the the reapers, "Whose girl is that?" 6The servant 5Boaz said to the servant who was in charge of greeted the reapers, "The LORD be with you!" came this morning, a-She has rested but little reapers.' She has been on her feet ever since she the country of Moab. 7She said, 'Please let me Moabite girl who came back with Naomi from in charge of the reapers replied, "She is a And they responded, "The Lord bless you!" ⁴Presently Boaz arrived from Bethlehem. He

men have drawn." the jars and drink some of [the water] that the to molest you. And when you are thirsty, go to and follow them. I have ordered the men not ⁹Keep your eyes on the field they are reaping go elsewhere, but stay here close to my girls. ter.-b Don't go to glean in another field. Don't 8Boaz said to Ruth, 1-"Listen to me, daugh-

as to single me out, when I am a foreigner?" ground, and said to him, "Why are you so kind 11Boaz said in reply, "I have been told of all 10She prostrated herself with her face to the

et you did for your mother-in-law after the

From husband, how you left your father

נפור חול ממשפחת אלימלך ושמו וְלְנְעֲמֵׁי מידע מוֹדֵע לְאִישָׁה אַישׁ -

יִמִי: • וַתַּלֶּךְ וַהְּבוֹא וַהְלַפֵּט בְּשְׂרֶה אַחֲרֵי אשׁר אָמְלָא־תון בְּשִינֵיו וְתַּאמֶר לָהְּ לְכִי אַלְבָּרִר־נָּאַ תַשְּׁנֵדְתְ נָאַלֵּקְעָה בְשִׁבְּּלִים אַנֵּיר ותאמר רות המואביה אל-נְעְמִי ישאליים נישר מעלים מלשר משנים לבתו

מאָז הבּקר (ער־עֹתָּה זֶה שְׁלְתָּה הבָּיָת כְעִמְרִים אַחֲרֵי הַקּוֹּצְרֵים וַהְבָּוֹא וַהַּעֲמוֹר מואב: יוהאמר אַלְקֵּטְה־נָּא וְאָסְפְּתַיּ מואָביָה היא השָבָה עם־נְעָמֵי משְׁדֵה ונער הנעב על־הקוץרים ויאמר נערה קיאָרֵים לְמָי הַנְּאָרָה הַוֹּאַת: יּוֹיַשְּן הוָה: sוַלָּאמֶר בּעוֹ לְנְעֵרוֹי הַנְּצֶר עַל-לוְאָרֵים יְהוָה עּמְּכֵם וַיִּאמְרוּ לוּ יְבָּרָכְּבָּ יְהַנֵּה־בֹּעִז בָּא מְבָּית לֶחֶם נִיּאמֶר אשר ממשפחת אַלימֶלֶךּ:

לכלתי נגעה וצמת והלכה אל־הפלים יווריהן הָלוֹא צְנֵיתִי אָת־הַנְּעְרֶים יעיניור בשתה אשרייקציריו וקלקה חעבורי מנוה וכה תוקקון עם נערתי: אליתלכי ללקט בשנה אחר וגם לא וואמָר בֹּעַז אָל־רֹנת הָלְוֹא שְׁמָעַהְּ בָּהִּנּי נוינט:

ווואמר אַלִּיו מַדּוּע מְצָׁאתִי תַן בְּעִינְיַךְּ יוושל על-פּוּנים וְתִּשְׁתֵּחוּ אֲנֵגְה. שתירו מִאְשֵׁר יִשְׁאַבְּוּן הַנְּעְרֵים:

אין אַער לא־ינִם אַער אַר אָריָת ווּמְלֵכֵי אָל־עִם אַער לא־ינִם Tuth the Moabite. They arrived in Bethlehem שוישך רקעוביי אביך ראבין כולדיתף Moub; she returned with her daughter-in-law אשר עשית את חמותה אחרי מות יויען בֿעל ויָאגָר לְּיִּ הָאָר לָּי כָּל haddai has brought misfortune upon me!" לחכירני ואנכי נכריה:

for you? 12Turn back, my daughters, for I am When [Naomi] saw how determined she was ne-b if anything but death parts me from you." uried. bThus and more may the Lorp do to o; wherever you lodge, I will lodge; your people o follow your sister-in-law." Yout Ruth rehe hand of the Lord has struck out against me." ters! My lot is far more bitter than yours, for ourselves from marriage? Oh no, my daughto grow up? Should you on their account debar and I also bore sons, 13 should you wait for them was hope for me, even if I were married tonight too old to be married. Even if I thought there more sons in my body who might be husbands and the two went on until they reached Beth-Where you die, I will die, and there I will be hall be my people, and your God my God. nd not follow you. For wherever you go, I will ters! Why should you go with me? Have I any lied, "Do not urge me to leave you, to turn back lung to her. 15So she said, "See, your sisterissed her mother-in-law farewell. But Ruth go with her, she ceased to argue with her, -law has returned to her people and her gods. 14They broke into weeping again, and Orpah

the LORD has f-dealt harshly with f me, when 32Thus Naomi returned from the country of ack empty. How can you call me Naomi, when or Shaddair has made my lot very bitter, 211 ent away full, and the Lord has brought me ly buzzed with excitement over them. The omen said, "Can this be Naomi?" 20"Do not When they arrived in Bethlehem, the whole Il me Naomi,"c she replied. "Call me Mara,d

> בּימִר־לִי מְאוֹ מִבָּם בִּי־יִצְאָה בִּי יִד־ מַעְגֹּנְה לְבְלְתֵּי הֵיִוֹת לְאֵישׁ אַל בְּנֹהֵי נו הַלְתַן ו תְּשִּׂבְּרְנָה עֵר אֲשֵׁר יִגְּוֹּלוּ הַלְהַן מְהָוָוֹת לְאֵישׁ בֵּי אָמִרְהִּי יָשׁ־לֵי תְקְוֹה נִם הָיֵיתִי הַפַּוֹלָה לְאִישׁ וְגָם יָלַרְתִּי בְנִים לאַנְשִׁים: יו שְׁבְנָה בְנֹתֵי לֵבְן כֵּי זְקֵנְתִּי עמֵי הַעְרִי־לִּי בְנִים בְּמֵעִׁי וְהַיִּוּ לְבֶּם

מְרְאַמָּצָת הָיא לְלֵבֶת אַתֵּה וּמָּחְנֵּל הַמָּנָת יִפְרֵיד בִּינִי וּבִינְרֵין מּוַמַּגא כִּיד אַקְבֵּר בּה יַצְשָׁה יְהנָה לִיּ וְכָּה יִשִׁיף בִּי אַלֹּדְי: יוּבָּאָשֶׁר הְמֹּנְתִּי אָמִנְת וְשֶׁם וּבְאָשֶׁר הָלִינִי אָלִין עַמָּךְ עַמִּי וַאלֹדְיָוּךְ לְרַבֵּר אַלֵּיה: יי וַתַּלַבְנָה שְׁתִּיהָם עַר־ לְשִׁרֵּב מִאַחַרֵיִךְּ בִּי אָל־אֲשֶׁר תּלְבִּי אֵלֵךְ מו והאמר הנה שבה יבממה אל-עמה יו וְהָאמֶר רוּתֹ אַל־תִּפְנְּעִי־בִּי לְעִּוְבֵּוּרְ אל-אַלדִיהַ שִׁנְּבִי אַחָרֵי יִבְּמְתַּוּרִ: ערפה לחמותה ורות בכשה פה: וּונִשׁשֵּׁלִה* לוּלֵן וַמִּלְפֵּינְה עַּוֹר וַתִּשְׂל

תקבאנה לי נגמי ניהנה ענה בי ושפי מְלָא* כִּי־חַמָּר שִׁנֵּי לֵּי מְאָד: יִנּ אֲנִיּ מְלַאֲה הָלַבְּהִי וְרֵיקֵם הֵשִׁיבָנִי יְהוְה לֵמָּה אַלִּיהָׁן אַל־תִּקְרֵאנָה לִי נְעְמֶי קְרֵאוָ לִי נִינִיי כְּבֹאָנְהֹ בֵּית לֶחֶם וַתַּהָם בְּל־חָעִיר עְלֵילָן וַהֹּאמֶרְנָה הָוָאת נְעֲמֶי: ייי וַהְּאמֶר באַנְה בַּית לֵחֶם

עמָה הַשֶּׁבָה מִשְׁדֵי מוֹאֵב וְהַמָּה בָאוּ מותַשְׁב נְאֲמִׁי וְרֹוּת הַמּוֹאָבְיֵה כְּלְּתָה בֵּית לֶחֶם בְּתְחֻלֵּת קצִיר שְׁעֹרֵים:

14

"The World A Moment Later" by Amir Gutfreund I was a child I had a beloved unde who brought gifts every time he visited. One day he gave me a little compass and taught me how to find the north, I took the compass with me everywhere I went, and the first thing I did was find out where the north was. In every place the needle showed the north. At school, in the playground, in my room, in Father's store. On his next visit, my uncle asked me a riddle: If you stand right at the north pole, where will the needle point? question stumped me, and he rejected every answer I could think of. Then he told me: There, in the north pole, the needle will go mad. It will point up, down, sideways, every which way. The compass is good for showing the north in every place on Earth except for the north itself. is what my uncle said. And the moral? How easy was Zionism when all it consisted of was longings for Zion. In all the of the Diaspora, in Poland and Russia and Yemen and Morocco, the needle the way, showed us what must be done. But from the moment we came here, to Zion. the needle went mad.

"העולם רגע אחר כך" מאת אמיר גוטפרונד

כשהייתי ילד היה לי דוד אהוב שהביא לי מתנות בכל ביקור. יום אחד,

הוא נתן לי מצפן קטן ולימד אותי איך למצוא את
הצפון. לקחתי את המצפן איתי לכל מקום אליו הלכתי,
והדבר הראשון שעשיתי היה למצוא את הצפון. בכל
מקום המצפן הראה את הצפון. בבית הספר, במגרש
משחקים, בחדר שלי, בחנות של אבא שלי. בביקור
הבא של דודי, הוא חד לי חידה: אם תעמוד
בדיוק בקוטב הצפוני, לאן החץ יצביע?
שאלתו בלבלה אותי, והוא דחה כל תשובה שעלתה
בראשי. אז הוא אמר לי:

שם, בקוטב הצפוני, החץ ישתגע. הוא יצביע למעלה, למטה, לצדדים, לכל כיוון. המצפן מצוין בכדי להצביע על הצפון מכל מקום בעולם, חוץ מהצפון עצמו. אלו היו דבריו של דודי. ומה מוסר ההשכל? כמה פשוטה היא הציונות כשל הביסוס שלה היה הגעגוע לציון. בכל קצוות

הגולה, בפולין וברוסיה ותימן ומרוקו, המצפן הראה את הדרך, הראה מה צריך לעשות. אך מהרגע שהגענו לכאן, לציון, המצפן השתגע.

persons whom the Lord has endowed with skill and ability to perform expertly all the tasks connected with the service of the sanctuary carry out all that the Lord has commanded.

יועשה בצלאל ואהליאב וכל ו איש הכם לב אשר נתן יהוה הכמה ותבונה בהמה לדעת לעשת את-בל-מלאבת עבונת האהש לכל אשר אוה יהוה:

ירור חבמר וחבונה בהמה לנעת לעשת את-בכל וְעְשִׁיה בְצַלְאֵל וְאֵבֶלִיאָם וְכָל וּ אָישׁ נְבַם בְּשׁ אָשׁר נְבָל וּ אָישׁ נְבַם

that the LORD hath commanded." service of the sanctuary, according to all to know how to work all the work for the and every wise-hearted man, in whom the Lord hath put wisdom and understanding

So are Betzalel and Oholiav to make, and every man wise of mind in whom Yhwh has put wisdom and discernment, to know (how) to make all the work for the service of (constructing) the Holy-Shrine for all that Yhwh has commanded.

We frequently become so absorbed in other aims that we lose sight of the larger goal. Here the Sabbath comes to our aid.

An artist cannot be continually yielding his brush. He must stop at times and step back to view the canvas he is painting.

Living is also an art. We dare not become so absorbed in the mechanical processes we lose our consciousness of an overall plan. The Sabbath represents those moments when we stop our brush work in order to renew our vision of the canvas.

Mordecai Kaplan, <u>The Meaning of God in</u> <u>Modern Jewish Religion</u>